10 Rules for the Creative Sandbox

1. There is no wrong.

2. It doesn't matter if you like or hate the product; what matters is joy in the process.

3. Think quantity, not quality.

4. Think tiny (and daily).

5. If you don't know where to start, start anywhere.

6. When in doubt, ask, "What if..?"

7. When you get to a crossroads, take the path you fear.

8. This is a gremlin-free zone.

9. This is a comparison-free zone.

10. This is a space of self-compassion.